



NYS Apples

# May

2025 6-12



# Breakfast

## Lew-Port HS & MS



Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1 Croissant Sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	2 Bagel sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
5 Breakfast flatbread sandwich w/egg & sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	6 Croissant Sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	7 Bagel sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	8 Croissant Sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	9 Bagel sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
12 Breakfast flatbread sandwich w/egg & sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13 Croissant Sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	14 Bagel sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	15 Croissant Sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	16 Bagel sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
19 Breakfast flatbread sandwich w/egg & sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	20 Croissant Sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	21 Bagel sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	22 Croissant Sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	23 NO SCHOOL
26 Happy Memorial Day!  	27 Croissant Sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	28 Bagel sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	29 Croissant Sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	30 Bagel sandwich w/sausage  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

**NYS LOCAL FOODS**  
 \*Upstate Farms  
 Milk, Yogurt, Sour Cream  
 Eden Valley Growers  
 Assorted Varieties of Apples  
 Eden Valley Growers  
 Assorted Fruits & Vegetables  
 used in Meal Program  
 highlighted in green

**Breakfast Options Daily**

\*Daily Entrée-1 (2g) or  
 \*Cereal 2oz (2G)

Offered with all Breakfasts  
 \*Whole Grain (WG) Entrees  
 \*Daily Selection of  
 Fresh or Prepared Fruit  
 100% juice -1/2 cup  
 may take up to 1 cup  
 \*NY State Non-Fat or 1% White Milk  
 8oz

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN



If your student has a particular food allergy,  
please contact the food service office @  
(716)286-7288

Student \$1.85  
Adult \$3.25